

# Health: Compare and Contrast

## (Church World Service/Resettlement Support Center Nairobi)

40  
minutes



### Objectives

- ✓ To educate participants regarding various aspects of the U.S. health care system.

### Materials

- ☐ Copies of healthcare chart
- ☐ Pens

### Presentation

Health care in the U.S. will be very different from healthcare in your home country. It's important that you understand the U.S. healthcare system so that you can minimize your costs and keep you and your family healthy.

### Activity

Put up an enlarged copy of the chart, draw it on the board, or distribute individual copies to participants. Ask participants to fill out answers individually or solicit responses from the whole group and fill in information on the big chart. If participants are not quite sure of what the situation is in the U.S., provide the missing information as you conduct the exercise.

### Reflection

- ? What are the positive and negative aspects of health care in your country? In the U.S.?
- ? What kinds of choices do refugees have in respect to obtaining health care services in the U.S.?
- ? What are you the most worried about?
- ? Who can assist you in better understanding the U.S. health care system?

### Expansions and Variations

- ∞ For preliterate populations, use pictures to depict the various aspects of the health care chart.

#### Learning English

health care  
different

healthy  
preventative

prescriptions  
medication

This document was developed with funding from the Bureau of Population, Refugees, and Migration, United States Department of State, but does not necessarily represent the policy of that agency and the reader should not assume endorsement by the federal government.

## Health Care Chart

| Issue   | United States | Your Country |
|---|---------------|--------------|
| Who is responsible for the cost of health care?                   |               |              |
| What happens if you do not have medical insurance?                |               |              |
| What happens if you have a medical emergency?                     |               |              |
| Who pays for medication?  |               |              |
| What drugs can you obtain without prescription?                   |               |              |
| What types of traditional medicine is accepted by the government? |               |              |
| Where do you go for medical care?                                 |               |              |
| Are all children insured automatically?                           |               |              |
| Is there an emphasis on preventative health care?                 |               |              |
| Do all jobs provide health insurance?                             |               |              |

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